

SONOMA STATE

800-208-741-4-ERG-ATHON

WHERE WE ARE

Through the hard work of the athletes and generous support of our donors Sonoma State University Rowing Team has made amazing progress in a very short amount of time. The team is only in its fifth year and is has quickly become the most popular club sport on campus. The team has almost doubled the size since last season and now has 50 athletes training daily.

THE EVENT

We are going to be participating in an Erg-a-Thon where each rower will attempt to complete 25,000 meters. Races that we will be competing in the spring will be 2000 meters. So as you can see it will be like racing over 4 races in one day. The average time that it takes for a men's team to complete 2000 meters is around 6.5 minutes and the average time it takes the complete 6000 meters is around 21 minutes. So at that pace we are looking at completing 25,000 meters in three hours.

GOAL FOR ERG-A-THON

It is our goal to raise \$15,000 to help purchase equipment that will allow us to grow and continue to provide a competitive experience for the student athletes involved. Each of the athletes already contribute close \$1000 each year to help sustain the day to day costs of running the team including maintenance of equipment, coaching, facility use, race entry, uniforms, travel, insurance, and many other expenses it takes to run an organization.

HOW CAN YOU HELP?

As a student funded club all of the money that it takes to run the team comes directly from the rowers themselves. We are now asking for your assistnace. We are looking for donations for every meter that we are able to row, or by a flat donation. Please mark the space below what you are willing to donate. Thank you very much for your generosity, and starting the base for a future championship team.

YOUR NAME:

ROWER YOU ARE SPONSORING:

YOUR ADDRESS:

PHONE NUMBER:

EMAIL:

TOTAL DONATION:

_____ : \$25 _____ : \$75 _____ : \$200
_____ : \$50 _____ : \$100 _____ : OTHER \$ _____

PLEASE MAKE ALL
CHECKS PAYABLE TO:
**SONOMA STATE
ROWING CLUB**